

ADULT PROGRAMS

SPRING 2024



DRAWING FOR BEGINNERS

Learn to demystify the art of drawing. Instructor Belle Perez de Tagle will guide you through this introductory course so you can learn the basics needed to improve your drawing skills.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

105952 Th May 2-Jun 20 3:15-5:15pm 8/\$120

THE ART OF WOODBURNING

Learn the wonderful art of pyrography or woodburning which will allow you to create beautiful pieces of art with just one amazing tool, the woodburning pen. No previous art experience is required. Unleash your creative energies and ignite the flame to start "writing with fire". Start woodburning today!

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

105927 Tu Mar 12-Apr 30 3:15-4:45pm 8/\$108

108914 Tu May 7-Jun 25 3:15-4:45pm 8/\$108

THE JOY OF PAINTING IN ACRYLIC

Learn Painting in an easy and fun class that gets results. No lesson frustrating or too hard for anyone. Learn drawing, colour mixing and brush stroke techniques. Progress quickly and enjoy the art of Acrylic painting.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

105900 Tu Mar 12-Apr 30 1-3pm 8/\$144

108913 Tu May 7-Jun 25 1-3pm 8/\$144

HULA HAWAIIAN DANCE

The Hula is accompanied by music or traditional chant. Hands tell a story while hips sway to keep the rhythm of the dance. Easy and light, yet great for core muscles and joints. What a fun way to stay in shape!

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

105949 Th May 2-Jun 20 2-3pm 8/\$76

LINE DANCING - CORDOVA BAY 55+

Learn basic dance patterns and put them together into a line dance. No partner required. Enjoy beginner-level line dances for those who are familiar with basic steps. Drop-in available, \$9/session.

CORDOVA BAY 55 PLUS ASSOCIATION

[Vicky McCulloch / Claire Denney](#)

105939 F May 3-Jun 21 10:15-11:30am 8/\$64

GENERAL INTEREST

DOG - FAMILY DOG MANNERS

Using reward-based training, this class for dogs 5mths+ covers all the basics: how to pay attention, sit, stay, come, walk without pulling and prevention of behavioural problems like jumping up. Small class size. Dogs must be comfortable around people and other dogs and who have no history of aggression. This class may not be suitable for reactive or fearful dogs. Please bring proof of vaccination to the first class.

SAANICH COMMONWEALTH PLACE

[Alison Stephens](#)

105712 Th Apr 25-May 30 6:30-7:20pm 6/\$240

DOG - PUPPY FIRST STEPS

Puppies are keen to learn and very impressionable! Includes socialization with puppies and people, supervised off-leash play, basic obedience and prevention of behaviour problems. Small-size class for puppies aged 9 to 17 weeks with proof of first set of vaccinations.

SAANICH COMMONWEALTH PLACE

[Alison Stephens](#)

105716 Th Apr 25-May 30 7:30-8:20pm 6/\$240

DANCE

SOCIAL BALLROOM DANCE - PRE-BRONZE

A full-year course once you've completed Level 3. In addition to learning new figures, we'll continue to focus on improving the overall quality of our dancing. The Samba and quickstep will also be introduced.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

105839 Su Apr 7-May 26 4pm-5:10pm 7/\$115

SOCIAL BALLROOM DANCE - BRONZE

The next step up after pre-bronze. A full-year course with new steps introduced with the technical skills necessary to master these figures, as how well we dance is as important as what we dance.

SAANICH COMMONWEALTH PLACE

E&R Ballroom Dance

105839 Su Apr 7-May 26 5:15pm-6:25pm 9/\$145

SOCIAL BALLROOM DANCE - BEYOND BRONZE

A challenging full-year course for those who have completed bronze. More intricate figures will be introduced with increased emphasis on technique and style.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

105837 Su Apr 7-May 26 6:30-7:40pm 7/\$115

SOCIAL BALLROOM DANCE - LEVEL 1

An introduction to popular ballroom dances including waltz, foxtrot, tango, cha cha & jive. A fun, social activity you'll be able to enjoy for the rest of your life, with many physical and mental benefits.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

105841 Su Apr 7-Jun 9 4-5pm 9/\$130

SOCIAL BALLROOM DANCE - LEVEL 2

Level 1 figures will be reviewed, then the focus shifts to the introduction of new material, combined with style and technique tips to help you look and feel your best on the dance floor.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

105843 Su Apr 7-Jun 9 5:05-6:05pm 9/\$130

SOCIAL BALLROOM DANCE - LEVEL 3

This course includes a review of your Level 2 material, and then introduces new figures in all six dances, combined with styling and technique tips. Samba and/or Quickstep may be introduced.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

105845 Su Apr 7-Jun 9 6:10-7:10pm 9/\$130



MAHJONG - BEGINNER

Beginner players learn the fascinating mind game Mahjong from master teacher, Belle. Mahjong is a game of skill, strategy, and calculation and involves a degree of chance. It also helps keep your brain sharp! Hong Kong Mahjong played.

SAANICH COMMONWEALTH PLACE

Belle Perez De Tagle

105950 W May 1-Jun 19 2:30-4pm 8/\$84

MAHJONG - CONTINUING

Players with some experience develop their Mahjong skills learning from master teacher, Belle. Mahjong is a game of skill, strategy, and calculation and involves a degree of chance. It also helps keep your brain sharp! Hong Kong Mahjong played.

SAANICH COMMONWEALTH PLACE

Belle Perez De Tagle

105951 W May 1-Jun 19 1-2:30pm 8/\$84

HOW TO REGISTER

ONLINE at saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our

4 Recreation Centres



TECHNOLOGY

IPHONE & IPAD - CALENDAR, NOTES AND MORE

Your iPhone and iPad can be used for much more than texting and sending emails. In this one-day workshop, we will explore how to schedule events in the Calendar app, use Notes and Reminders to create lists and make notes, use Siri to perform voice commands, and browse the internet using Safari.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

107967 Tu April 16 9:30-11:30am \$39

IPAD - MASTERING THE BASICS & BEYOND

Are you using the basic features of your iPad, but wondering what else you can do with it? Join Mandy for this slower paced, encouraging, and relaxed workshop - all levels are welcome! Explore important settings, contacts, email, privacy and security, FaceTime, and many other useful tips and tricks.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

107966 Tu April 23-30 1-3pm 2/\$79

IPHONE - MASTERING THE BASICS & BEYOND

There's so much more your iPhone can do - here's where to start! Join Mandy for this slower-paced, encouraging and relaxed workshop. Explore important settings, texting, phone and contacts, privacy and security, email and many other useful tips and tricks.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

105899Tu May 7-14 1-3pm 2/\$79

APPLE WATCH - MASTERING THE BASICS & BEYOND

Explore using your Apple Watch to communicate using the Messages, Mail, and Phone apps, track activity and workouts, customize watch faces, find your other devices, create timers and set alarms, check the weather, use Control Center, Siri, calculator, and more!

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

105892 Tu May 21-28 1-3pm 2/\$79

IPHONE & IPAD - TIPS AND TRICKS (PART 1)

Go beyond the basic features of your iPhone or iPad! In this one-day session, learn useful (and fun) tips and tricks to try on your device. Explore contextual menus, AirDrop, silencing unknown callers, scanning documents, Shortcuts, optimizing battery charging, the Focus/Do Not Disturb feature, typing/gesture shortcuts, and more.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

105896 Tu June 4 1-3pm \$39

IPHONE & IPAD - TIPS AND TRICKS (PART 2)

Ideal for those comfortable using the basic features of iPhone or iPad, this one-day session helps you get even more out of your device. Explore advanced texting and messaging features, photo tips, voice memos, security settings and more!

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

105897 Tu June 11 1-3pm \$39

TRAVEL

WALKING IN EUROPE (PORTUGAL & FRANCE)

This multimedia session introduces walking in Portugal and France, where it is a national pastime. Some trails are part of the Camino de Santiago and others are rigorous adventures. We will discuss accommodations, food, how to prepare, train, what to pack, transportation, guidebooks and what you will encounter along the way.

SAANICH COMMONWEALTH PLACE

105883 Th March 21 6-8pm \$10

WALKING IN EUROPE (SPAIN & JAPAN)

This multimedia session introduces popular walking routes: the Camino de Santiago in Spain, and the Kumano Kodo and the Shikoku Pilgrimage in Japan. Learn about routes, accommodations, food, how to pack and prepare, guidebooks and what to expect along the way.

SAANICH COMMONWEALTH PLACE

105884 Th April 18 6-8pm \$10

WALKING IN EUROPE (GREAT BRITAIN & ITALY)

This multimedia session introduces UK hikes such as the Coast to Coast trail, the Abbey Way and Offa's Dyke in Wales, as well as the Cinque Terra, the Saint Francis of Assisi and the Via Francigena in Italy. Learn about routes, accommodations, how to prepare, what to pack, and much more.

SAANICH COMMONWEALTH PLACE

105882Th May 16 6-8pm \$10

MARTIAL ARTS

KARATE - TEENS & ADULTS

12yrs+

From basic karate for the beginner to self-defense weapons for the advanced. You will learn traditional Japanese Shito Ryu School. For more info call Rino at 250-920-6797.

SAANICH COMMONWEALTH PLACE

[Victoria Renshikan Karate](#)

107236 Tu Apr 2-Jun 25 7:35-9pm 13/\$208

107237 Th Apr 4-Jun 27 7:35-9pm 13/\$208

107238 Tu,Th Apr 2-Jun 27 7:35-9pm 26/\$364

ADULT SPORTS

REGISTERED DROP-IN CODES

MONDAY		TUESDAY		WEDNESDAY		FRIDAY		SUNDAY	
PICKLEBALL		VOLLEYBALL		PICKLEBALL		PICKLEBALL		BASKETBALL	
1:45 - 4:00 pm		8:00 - 10:00 pm		6:30 - 7:45 pm		1:45 - 4:00 pm		4:30 - 6:30 pm	
105760	Mar 11	105865	Mar 12	105807	Mar 13	105783	Mar 15	105689	Mar 10
105761	Mar 18	105866	Mar 19	105808	Mar 20	105784	Mar 22	105690	Mar 17
105762	Apr 8	105868	Apr 2	105809	Mar 27	105785	Apr 5	105692	Mar 24
105763	Apr 15	105869	Apr 9	105810	Apr 3	105786	Apr 12	105695	Apr 7
105764	Apr 22	105870	Apr 16	105811	Apr 10	105787	Apr 19	105696	Apr 14
105765	Apr 29	105871	Apr 23	105812	Apr 17	105788	Apr 26	105697	Apr 21
105766	May 6	105872	Apr 30	105813	Apr 24	105789	May 3	105698	Apr 28
105767	May 13	105873	May 7	105814	May 1	105790	May 10	105699	May 5
105768	May 27	105874	May 14	105815	May 8	105791	May 17	105700	May 12
105769	Jun 3	105875	May 21	105816	May 15	105792	May 24	105701	May 19
105770	Jun 10	105876	May 28	105817	May 22	105793	June 7	105702	May 26
105771	Jun 17	105877	June 4	105818	May 29	105794	June 14	105703	June 2
105772	Jun 24	105878	June 11	105819	Jun 5	105795	June 21	105704	June 9
		105879	June 18	105821	Jun 12			105705	June 16
		105880	June 25	105924	Jun 19	105796	June 28	105706	June 23

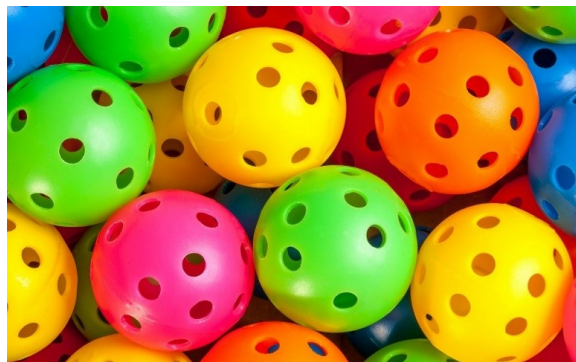
ARCHERY	
8:00 - 9:30 pm	
110241	Mar 11
110242	Mar 18
110243	Mar 25
110244	Apr 8
110245	Apr 15
110246	Apr 22
110303	Apr 29
110304	May 6
110305	May 13
110306	May 27
110307	June 3
110308	June 10
110309	June 17
110310	June 24



Scan the Code
for an ONLINE
SPORTS SCHEDULE



BADMINTON	
8:00 - 10:00 pm	
105659	Mar 13
105660	Mar 20
105661	Mar 27
105662	Apr 3
105663	Apr 10
105664	Apr 17
105665	Apr 24
105666	May 1
105667	May 8
105668	May 15
105669	May 22
105670	May 29
105671	June 5
105672	June 12
105673	June 19
105674	June 26



Reserved Drop-In Sessions

Participants can register up to 7 days
in advance starting at 8:30 am
using these program barcodes



PARKS, RECREATION
& COMMUNITY SERVICES